

Buprenorphine Discharge Instructions

Thank you for choosing to come to our Emergency Department today. It was a pleasure and a privilege to be entrusted with your care.

You have been discharged from the Emergency Department after receiving Suboxone (buprenorphine with naloxone). Buprenorphine is an opioid medication used to treat opioid withdrawal. The naloxone is only there to prevent IV abuse, it is inactive when taken under the tongue (sublingually) but becomes active if crushed and injected (which makes you feel sick from withdrawal).

It is important that you follow-up at one of the treatment programs listed below as soon as possible. Tell them that you were in the hospital and received buprenorphine for opioid withdrawal. Buprenorphine is a daily medication, you will need a provider that can prescribe buprenorphine (not every doctor can) if you wish to continue taking this medication.

<p>Recovery Center at Providence Little Company of Mary San Pedro 1386 West 7th St Building C San Pedro, CA 90732 Open: 24/7 310-241-4021 Accepts: Medicare, Private Insurance</p>	<p>Coastal Recovery Comprehensive Center 117 East Harry Bridges Blvd Wilmington, CA 90744 Open: M-F 5 AM - midnight, Sat 6 AM - 10AM (closed Sun) 310-549-8383 Accepts: MediCal, Medicare, Private Insurance</p>
<p>Western Health Harbor City Clinic 1647 West Anaheim St Harbor City, CA 90710 Open: M-F 5:30 AM - 11 AM, Sat/Sun 7A - 9A 310-534-5590 Accepts: Cash only (sliding scale)</p>	<p>Harbor-UCLA Family Health Clinic 1403 West Lomita Blvd Suite 102 Harbor City, CA 90710 Open: M-F 8 AM - 5 PM (closed Sat/Sun) 310-602-2602 Accepts: MediCal, Medicare, Private Insurance</p>

If you have any questions or concerns regarding your treatment program, buprenorphine, opioid addiction or opioid withdrawal, please contact our Substance Use Navigator:

Name: Justin Weber, LCSW	Phone: 425-919-9835	Available: Every Day 9 AM - 5 PM
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DO NOT use alcohol, benzodiazepines, heroin, fentanyl, other opioid medications, muscle relaxers, sleeping pills, or any other sedating medications or substances while under the effects of buprenorphine, as this can also lead to an overdose (excessive drowsiness, slowed breathing, coma or death). Never drive, use machinery or attempt other important tasks while under the effects of buprenorphine.

You were provided with a naloxone prescription in the event that you experience an opioid overdose. An opioid overdose is characterized by excessive drowsiness, constricted pupils and slowed breathing. Opioid overdose can quickly lead to coma or death. It is important that you immediately use the naloxone and call 911 if you think you or someone else may be experiencing an opioid overdose.

You should not use Suboxone if you have an allergy to buprenorphine, opioid medications or naloxone. Suboxone may be harmful to pregnant women and people with liver disease. If you are pregnant or have liver disease, follow-up at your treatment program for specialized care.

Constipation is a common side effect of opioid medications like buprenorphine. Please start taking an over the counter stool softener (e.g. Docusate Sodium / Colace) to prevent constipation. If you become constipated, you can try an over the counter laxative (e.g. Miralax, Dulcolax, Milk of Magnesia).

You are legally entitled to return to the Emergency Department within 72 hours from your initial visit to receive buprenorphine for opioid withdrawal. After this time, it will become your responsibility to receive further buprenorphine from your doctor or treatment program.

If you were provided with a short-term Suboxone prescription, this is to help fill the gap between now and when you are seen at your treatment program. This prescription cannot be renewed or extended. NEVER use more buprenorphine than prescribed. Taking a higher dose or more frequently can lead to an opioid overdose where you may experience excessive drowsiness, slowed breathing, coma or death. Keep buprenorphine away from children and pets, any exposure to a child or pet may cause an overdose (excessive drowsiness, slowed breathing, coma or death).

We wish you the best of luck with your treatment! If you use opioids or other drugs in the future, have withdrawal or need help - we are here for you! You can come to the Emergency Department 24/7.

ADDITIONAL INFORMATION

Buprenorphine side effects include drowsiness, sleepiness, dizziness, nausea, vomiting, constipation, low blood pressure, seizure, overdose leading to drowsiness, coma or death. Buprenorphine may be harmful to the fetus of pregnant women and people with liver disease.

Naloxone side effects include symptoms associated with opioid withdrawal including flushing, sweating, anxiety, rapid heart rate, high blood pressure, nausea, vomiting, diarrhea, muscle aches, abdominal cramps, stuffy/runny nose, seizure

For detailed information on buprenorphine and naloxone, talk with your pharmacist and see the information included with your prescription(s).